

# BPH TREATMENTS

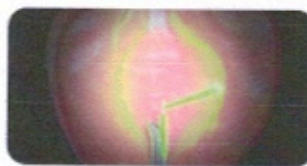
Our practice offers a range of contemporary treatments for BPH/LUTS.

Greenlight laser offers advantages over traditional TURP in terms of reduced perioperative complications, length of catheter time and hospital stay, whilst being as effective as TURP.

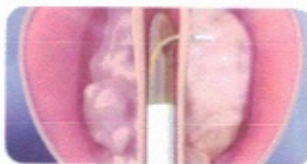
Urolift and Rezum are newer treatments that have advantages for certain population groups and are effective if patients are carefully selected.

All patients are carefully assessed with IPSS symptom score, bladder diary, bulk-billed non-invasive urodynamics and an assessment of prostate size and post-void residual. These variables help tease out bladder issues from prostate causes, are also predictive for LUTS progression based on large longitudinal studies.

Greenlight Laser  
Ablation  
BPH/LUTS



Rezum Water  
Vapour Therapy  
BPH/LUTS



Urolift  
BPH/LUTS (small  
prostates)



TURP  
BPH/LUTS



Percutaneous tibial  
nerve stimulation  
Overactive Bladder



## RAPID ACCESS NO-SCALPEL VASECTOMY

If patients have completed their family and are looking for a reliable and permanent form of contraception, vasectomy may be the right choice for them. It is a minor procedure and avoids long term hormonal treatments in females.

The procedure can be performed under local anaesthetic, or with sedation as well if preferred. Patients can usually return to work the next day.

Nick Brook is a dual fellowship trained urological surgeon who undertakes vasectomies at Ashford Hospital and Glenelg Day Surgery.

[www.eastwesturology/vasectomy](http://www.eastwesturology/vasectomy)

